



CHILLI EATING COMPETITION / HOT FOOD CHALLENGE

Contestant Application Form

Health Check Questionnaire

As a prospective contestant in the food contests mentioned above, you are required to complete this health check questionnaire honestly and faithfully, with a complete responsibility also to state if you are uncertain of an answer to one or any of the questions below. You will not be allowed to enter the contest if you fail to answer any question or fail to disclose relevant information.

1	Have you ever had a heart condition or illness? E.g. angina, heart disease or a heart attack etc.	YES / NO
2	Have you ever had a disorder of the brain, stroke, epilepsy or any other brain injury including caused by an accident?	YES / NO
3	Mental illness leading to a medical referral or hospital treatment?	YES / NO
4	Have you ever had any disorder of the digestive system, liver, stomach, pancreas or bowel?	YES / NO
5	Disorder or disease of the arteries? (including your legs and aorta)	YES / NO
6	Do you have any other health reasons that you think may be affected by the competition?	YES / NO
7	During the past year have you had any chest pain, irregular heart beat, raised blood pressure or high blood pressure?	YES / NO
8	During the past year have you had any disorder of the eyes or ears, such as blurred vision?	YES / NO
9	During the past year have you had any sign of asthma, bronchitis or any other breathing disorder?	YES / NO
10	During the past year have you had any disorder of the digestive system, liver, stomach, bowel or pancreas?	YES / NO
11	During the past year have you had any loss of feeling, numbness or tingling of the limbs or face?	YES / NO
12	During the past year have you had a seizure, a blackout or have you fainted or had a fit?	YES / NO
13	During the past year have you had medical attention to treat a nervous breakdown, depression, anxiety, or any other mental disorder?	YES / NO

The Chilli Eating Contest Rules

These rules have been engendered with the intention of offering the fairest method to determine a true champion, with consideration taken regarding many aspects, such as time constraints, crowd excitement factors, general fairness towards the competitors, ease of execution for the hosts etc.

- There should be approx 10 rounds of consumption. Each individual round may consist of a maximum 3 of that specific item. For example, round 1 could be a Habanero pepper. The host can decide if s/he would like to offer 1, 2 or 3 of that chilli species to the contestants in that one round.
- 2 of the rounds should be 'large' chillies. Examples for size comparisons are: Paprika, Cayenne, Joe's Long, Anaheim, Poblano etc.
- 1 of the rounds can be, if possible, a small glass or shot sized glass of hot sauce to be offered as a drink. The sauce may or may not contain extract. If it contains extract then the extract should be an ingredient and not a pure extract. The contents of the glass should be entirely consumed. A large table-spoon would also suffice, and should be entirely cleaned by the contestant with no spillages, deliberate or accidental.
- As a guideline, the contest should expire within an hour from the first round if possible.
- If after 10 rounds the contestants are still active, the contest should be decided by a speed eating round. To ensure the time of this 11th round is neither too long nor too short, the race should consist of x1 large pepper (for example: Paprika) x1 medium size pepper (for example: Jalapeno) and either 1,2 or 3 of the same sized small super-hot or hot chillies (for example: Carolina Reaper). The chillies should be approximately the same size as the relative opponents chilli and scales may be used to weigh the chillies if possible. It is the host's responsibility to make the size and measures as fair as possible.
- The contestants may not consume any liquids that may relieve the burn, during the entire contest, from start to declaration by the host of a Winner. The only liquid permitted is the hot sauce product selected for a hot sauce round (see rule 3 above).

7. If any chilli-liquids or bodily fluids depart from a contestant's mouth during the contest, s/he is disqualified. In a race, small amounts of liquid may involuntarily dribble down cheeks, lips and chins. This should not result in a disqualification. If a person deliberately spits saliva out, regurgitates, or chokes out any liquid or chilli remnants then he/she is disqualified.
8. If a contestant eats a chilli before the host has instructed her/him to do so, he/she will receive a warning.
9. Each contestant should be encouraged to chew. A host can give a warning for any contestant who swallows small Chillies without any attempt to chew.
10. Any attempt to hide or pretend to eat a chilli, to deceive or attempt to lie to the host should result in an instant disqualification.
11. Each chilli should be eaten entirely to the stalk. There should be an effort by the contestant to leave no flesh or placenta of that chilli.
12. To win a race finale tie-breaker, the contestant must eat every chilli in the round, completely to the stalk and swallow each chilli. The contestant may have multiple chillies in her/his mouth at one time, s/he does not have to finish one chilli before advancing to the next. No chilli must fall or spew from the mouth at any time. The contestant should always remain seated. The first person to show the host or host's designated judge(s) an empty mouth, with no large quantities of chillies remaining inside the mouth, cheeks or under the tongue, is the Winner.
13. If the host has to give 3 strikes for various reasons (two examples are aforementioned) which can include bad language, threatening behaviour or unsporting behaviour, then the contestant is disqualified from the contest.

HOT FOOD CHALLENGE

Contest Rules - All contestants agree to take part in the contest under the following rules:

1. The contest will be run across one round with participants able to withdraw at any stage;
2. The food challenge will involve the hottest chillies the world and will be very possible that nuts and other such ingredients will be in the food offering.
3. Contestants will be required to eat the entire food offering;
4. The winner will be determined by being the first contestant to successfully finish the contest;
5. Contestants may not coat the inside of their mouth with any kind of protective coating and anyone caught doing so will be immediately disqualified;
6. Each contestant will be given milk to consume at any point of the contest however the consumption of any liquid including the milk provided will result in automatic disqualification from the contest;
7. Any contestant that vomits either during or within a one minute of finishing the challenge will be disqualified;
8. Each contestant recognises that excess consumption of chilli peppers can lead to and/or contribute towards health issues.
9. The judge's decision is final.

IMPORTANT APPLICATION INFORMATION AND PERSONAL INFORMATION

Release of Liability & Disclaimer:

I am over 18 and am registering my interest in taking part in the Chilli Eating Competition or the Hot Food Challenge.

I accept that the organisers take no responsibility for any consequences that may result from eating chillies.

I agree that I will not be under the excessive influence of alcohol or taking illegal drugs and I accept the organiser's right to eliminate me from the competition at any stage.

In consideration of my entry to the Contest, I intend to be legally bound, and do hereby for myself, my heirs, my executors, and administrators, waive, release and forever discharge any and all right and claims for damages which might hereafter accrue to me against the organiser, all event sponsors and staff, companies or entities, their officials, employees and agents of any and all liability or responsibility arising from any injury received or incurred participating in the Chilli Eating Contest.

I promise to examine the event site and assure myself that the area is safe, and further agree that I will not participate in the event unless I am satisfied that the area and conditions are safe, I will further read and comply with all contest rules and regulations, note existing weather conditions and do agree that I voluntarily assume all risks arising from conditions related to the event site by myself or others.

The information I provided in this form is correct to the best of my knowledge. I have read the Contest Rules and I hereby give permission for the event organisers to use any recorded material (photographs, video recording etc.) of me to be reproduced in any form for purposes of promotion, advertising, display, exhibition or editorial use.

I have read, understood and agree to abide by all of the Chilli Eating Contest Rules, Release of Liability, and Disclaimer as stated in this document.

PLEASE NOTE: By sending/giving this application form back to us, you accept these terms and conditions and are aware of the health risks involved with eating Chillies.

Name (Block Capitals):

Age:

Address:

Email:

Contact Number:

I am over 18 and agree to show you ID if requested | I have completed the Health Check Questionnaire | I have read the rules and understand the rules provided | I understand that I am about to eat the hottest chillies in the World and I will feel significant pain! I understand that this contest will hurt... a lot! | I agree to alert the host/ judge as soon as I begin to feel ill.

SIGNED: _____

DATE: _____